

LOCAL SOURCES OF CANCER SUPPORT



Barnfield Hill Surgery, 10-12 Barnfield Hill, Exeter, EX1 1SR
Southernhay House Surgery, 30 Barnfield Road, Exeter, EX1 1RX
St Leonard's Medical Practice, Achelstan Road, Exeter, EX1 1SB
The Clock Tower Surgery, King William Street, Exeter, EX4 8FD
Whipton Surgery, 378 Pinhoe Road, Whipton, Exeter, EX4 8EG
Wonford Surgery, 129A Burnhouse Lane, Exeter, EX2 6NF

Force Cancer Charity Exeter

☎ 01392 406151

✉ support@forcecancercharity.co.uk

🌐 forcecancercharity.co.uk

RDUH Royal Devon and Exeter Hospital Wonford Site
Monday to Friday (except bank holidays) 9.30am – 4.30pm

Outreach:

Okehampton Hospital Wednesday 10am - 4pm

Ottery St Mary Hospital Friday 10am - 4pm

Tiverton outreach to be announced

Please do contact Force first to check current support available.

- Support and counselling offered either face to face or over the telephone
- Benefits advice contact Mike Watson on 01392 406151 to make an appointment
- Complementary therapies e.g. massage, aromatherapy massage, reflexology, Indian head massage, acupuncture, mindfulness and relaxation
- Yoga and pilates
- Coping with hair loss contact Jos Dransfield on 01392 402128 for further information about wigs
- Physiotherapist



Devon Carers

Free service provided by Westbank, providing support to unpaid carers. If you are an adult carer of adults, if you provide unpaid support for family or friends who need help because they are ill, frail, disabled, or have a mental health or substance misuse problem.

☎ 03456 434 435

✉ info@devoncarers.org.uk

🌐 devoncarers.org.uk

Mon - Fri 8am-6pm (helpline and web chat)

Sat 9am-1pm

- Transport: there is help with transport for RDUH hospital appointments in certain cases. Ring 01392 411611 to check your eligibility and book ahead.
- Support Groups

Devon Carers Hospital Service

Devon Carers Hospital Service is a free practical support service for unpaid carers if you will be looking after someone following their stay, or your stay, in hospital.

☎ 03456 434 435

✉ info@devoncarers.org.uk

🌐 devoncarers.org.uk

Citizens Advice Devon-wide Macmillan Welfare Benefits Advice Service

☎ 0808 175 4505 Monday – Friday 9am- 5pm

✉ devonmacmillan@ruraldevoncab.org.uk

🌐 ruraldevoncab.org.uk/macmillan

Provision of welfare benefits advice, helping clients access blue badges, Macmillan grants and offering emergency advice and referrals to other advice services eg debt, housing, employment, relationships etc, for patients anywhere in Devon. Advice can be provided by phone or in person. Request a call back using the form on the website.



Hospiscare

If you or someone you care for is living with a life limiting illness and complex physical, psychological, social or spiritual needs then discuss with your GP whether it may be appropriate to refer to our services.



Services include:

- Support at home
- Specialist ward
- Our of hours support line
- Spiritual care
- Complementary therapies
- Specialist dementia services
- Care navigators
- Support for managing symptoms

📞 01392 688 000 (8am-5pm 7 days a week)

🌐 hospiscare.co.uk

✉️ info@hospicecare.co.uk

Macmillan Cancer Support



An organisation to listen, support you through treatment and help with money. A leaflet with further information can be found below.

📞 0808 808 0000 8am-8pm 7 days a week

🌐 macmillan.org.uk

🌐 macmillan.org.uk/diagnosed-with-cancer.html

Exeter Leukaemia Fund (ELF)

Offers a range of support services for haematology patients being treated at the RDUH Royal Devon and Exeter Haematology Centre

☎ 01392 493 344

✉ enquire@elfcharity.org.uk

🌐 elfcharity.org.uk



Cancer Care Map

Cancer Care Map is a comprehensive online directory of cancer support services in Devon and throughout the UK providing verified and trusted information regularly checked and updated and accessible to all.

🌐 www.cancercaremap.org



My Sunrise App

My Sunrise, is a personalised cancer companion app for every stage of the cancer journey, an award winning app designed by NHS cancer teams for NHS cancer patients.

🌐 mysunrise.co.uk/patients



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